

# ***THRIVE with National EAP***

## WEBINARS



### **December Schedule**

National EAP's mission is to help you become the best version of yourself, therefore every month, National EAP's team of coaches and clinicians will host live webinars to help you level-up in your personal and professional life.

Let's do this!

<b>TUESDAY, 12/15/20</b> <b>1PM EST</b>	<b>The Key to Personal Growth: Self Compassion Part 1</b>	<a href="#"><u>Register Here</u></a>
<b>TUESDAY, 12/22/20</b> <b>1PM EST</b>	<b>The Key to Personal Growth: Self Compassion Part 2</b>	<a href="#"><u>Register Here</u></a>
<b>THURSDAY, 12/17/20</b> <b>1PM EST</b>	<b>Rising and Ready - Performance Coaching Session</b>	<a href="#"><u>Register Here</u></a>

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**USERNAME: YOUR COMPANY NAME**

**PASSWORD: YOURCOMPANY NAME**