

## Did you know??

- **Alcoholism is the 3rd leading lifestyle-related cause of death in the nation**
- **53% of men and women in the United States report that one or more of their close relatives have a drinking problem.**

If you or a family member are suffering from alcohol or drug addiction, National EAP is here to help you. Your **confidential** Member Assistance Program is provided at **no cost** to you and your family through the I.B.E.W. Local 25 Health and Benefit fund for eligible participants.

Members of National EAP can rely on confidential counseling, referrals & work/life services to help address a variety of needs, including substance abuse/addiction, depression, anxiety, stress, work, marital/family conflict and child and eldercare concerns. National EAP also partners with Magnacare to assist Members in getting long-term care.

You can reach us at 1-800-624-2593 or email [info@nationaleap.com](mailto:info@nationaleap.com).

Also be sure to check out our online services at [www.nationaleap.com](http://www.nationaleap.com). Log into your member portal with "Local 25" as your username and password.